

## The Catholic Women's League of Canada

## VANCOUVER DIOCESAN COUNCIL Communiqué

Diocesan Theme – Restore All Things in Christ

Chairperson: Samantha Strudwick Date: September 13,2025

Committee: Secretary No. 3

"Good communication helps us to grow closer, to know one another better, and ultimately, to grow in unity". Pope Francis

My Dear Sisters in the League,

Welcome Back. I hope that you all had a safe and enjoyable summer. Welcome to all the newly elected secretaries. Thank you for saying "YES" to this important position. I wish success in your role. Please do not hesitate to reach out to me if you have any questions or concerns or require assistance. I am here to support and encourage you!

If your council has recently had changes to their executive, please kindly send me an updated copy of parish register. It is imperative that I have this information to ensure that communication is going to the correct person. Thanks for your continued support.

As secretary, it is crucial to have a great support system as the secretary now wears many "hats". Who do you have on your council supporting you? Who can you ask on your council to assist with the secretarial duties and be a part of your sub committee? I am thankful to have 3 amazing women who have helped me immensely and said "YES" to being a part of my subcommittee.

Connection is an essential part of the sisterhood of the League. To connect with members, we must be present, practice active listening, share experiences, and encourage deeper conversations. How is your council connecting with its members? Is it by email, newsletters, phone trees, mail, text etc.? What other avenues can you try to engage with your members, so no one is missed, and relationships can continue to grow and blossom.

"Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness: kindness in your face, kindness in your eyes, kindness in your smile." Mother Teresa

Respectfully Submitted

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